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## COGNITIVE PSYCHOTHERAPY TOWARD A NEW MILLENNIUM (HARDBACK)

Cognitive Psychotherapy  
Toward a New Millennium  
Scientific Foundations  
and Clinical Practice



Edited by  
Tullio Scrimali and Liria Grimaldi

Springer Science+Business Media, United States, 2002. Hardback. Book Condition: New. 2002 ed.. 253 x 170 mm. Language: English . Brand New Book. In the roughly two decades since Aaron T. Beck published the now classic Cognitive Therapy of Depression, and Michael J. Mahoney declared the Cognitive Revolution, much has happened. What was proposed as the cognitive revolution has now become the zeitgeist, and Cognitive Therapy (CT) has grown exponentially with each passing year. A treatment model that was once seen...

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