Hungry Feelings Not Hungry Tummy: Investigate, Understand, Translate and Transform Your Child s Behavior (Paperback)

By Ava Parnass

Createspace, United States, 2014. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Ava Parnass MSN CS, AKA The Kid Whisperer, is an author, songwriter and child therapist. Ms. Parnass helps parents become Behavior Detectives to investigate hidden feelings, to improve behavior and overeating. As Behavior Detectives parents will learn toInvestigate Hungry Feelings not Hungry Tummy, mood issues, tantrums and misbehaving. After reading Behavior Detective Investigate: Hungry Feelings not HungryTummy, parents and teacherswill understandhow to translate and transform a child s behaviors into new feelings, new words and new actions. Using the conversation starters, activities, feelings maps and many techniques in the book to investigate behavior, will helpfamilies turn self soothing with food intotalking about feelings. There are easy step-by-step investigating skills in the book to understand and improve a child s behavior. Most behaviorssuch as tantrums, anxiety, moods, begging, repetitive activity, overactivity, overeating or not sleeping can be understood as common outward manifestations of a child s attempt to communicate feelings and emotional needs.If we change our parenting skills and teaching for the better, a child s behavior WILLimprove. It is also important that we stop blaming our kids for...

Reviews

Very beneficial to all category of folks. We have study and that i am sure that i will planning to go through yet again again in the future. Its been printed in an extremely straightforward way in fact it is just soon after i finished reading this pdf where actually changed me, alter the way i really believe.
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