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KAP study on Epidural Labor Analgesia at Kenyatta National Hospital

By Christine Apondi

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Labor pain is a complex and subjective interaction between multiple physical, physiological and psychological factors that women go through while giving birth naturally. Several methods of pain control have been used over the years to alleviate this pain. Epidural labor analgesia has been found to be the most effective method of pain relief during childbirth and the only method that provides complete analgesia without maternal or fetal sedation. It has become a milestone in obstetric analgesia and obstetricians worldwide know about it and use it. In the low to middle income countries however, the uptake of epidural labor analgesia is still low. This book, by looking at the obstetricians at the Kenyatta National Hospitals' knowledge on epidural labor analgesia, attitude towards its routine use and how often they practiced it, tries to find out the reason behind the low uptake. This information could guide stakeholders towards establishing favorable epidural labor analgesia practices. 68 pp. Englisch.



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