



KAP study on Epidural Labor Analgesia at Kenyatta National Hospital

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Labor pain is a complex and subjective interaction between
multiple physical, physiological and psychological factors that
women go through while giving birth naturally. Several
methods of pain control have been used over the years to
alleviate this pain. Epidural labor analgesia has been found to
be the most effective method of pain relief during childbirth
and the only method that provides complete analgesia without
maternal or fetal sedation. It has become a milestone in
obstetric analgesia and obstetricians worldwide know about it
and use it. In the low to middle income countries however, the
uptake of epidural labor analgesia is still low. This book, by
looking at the obstetricians at the Kenyatta National
Hospitals' knowledge on epidural labor analgesia, attitude
towards its routine use and how often they practiced it, tries to
find out the reason behind the low uptake. This information
could guide stakeholders towards establishing favorable
epidural labor analgesia practices. 68 pp. Englisch.

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